

Menu – WEEK 2



	BREAKFAST	AM SNACK	LUNCH	PM SNACK	TEA
Day 1	Weetabix, Fruit n' Fibre, Shreddies, Cheerios or Cornflakes with milk. Water / fruit	Jelly / Pears	Egg Fried Rice & Vegetables served with chicken Pudding: Melon Slices	Hot chocolate + crackers	Tuna and Sweetcorn Pasta Salad
Day 2	Weetabix, Fruit n' Fibre, Shreddies, Cheerios or Cornflakes with milk. Water / fruit	Sliced cheese, crackers / breadsticks	Jacket Potatoes with Baked Beans & Cheese Pudding: Fruit Salad	Rice Cakes	Cheese/Tuna/Jam/Butter Sandwiches
Day 3	Weetabix, Fruit n' Fibre, Shreddies, Cheerios or Cornflakes with milk. Water / fruit	Fruit salad	Lamb / Vegetarian hotpot Pudding: Apple Crumble and Custard	Custard, cake	Tomatoes soup with croissant / Bread with butter
Day 4	Weetabix, Fruit n' Fibre, Shreddies, Cheerios or Cornflakes with milk. Water / fruit	Cheese on Toast	Spaghetti Pad Thai Stir-Fry with beef Vegetarian Stir-Fry Pudding: Yoghurt / Berries	Fruit Platter	Pancakes
Day 5	Weetabix, Fruit n' Fibre, Shreddies, Cheerios or Cornflakes with milk. Water / fruit	Cucumber and carrot stick with houmous	Roast Mackerel Fish, Potatoes / Plantain, Mixed Vegetables Pudding: Ice Cream	Dried fruits, yoghurts	Deep Pan Meat Fiesta Pizza Margherita Pizza

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water and juice. All juice served is 100% fruit juice.

Alternative choices are made ready for children with allergies or food intolerance. Please let me know if your child will need any alternative choice/s.

Fresh and dried fruits are available all day.

The menu is subject to change without advance notice.